



**CHICKAR**  
INTERNATIONAL SCHOOL

# The CIS Chronicle





**CHICKAR**  
INTERNATIONAL SCHOOL

## OUR FOUNDER



**Shri Puran Lal Chickar**  
( 21-05-1930 to 06-11-2004 )

*CIS is dedicated and pursuant to the ideals and vision of  
Late Shri. Puran Lal Chickar.  
His values and vision will continue to  
guide and inspire us.*





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## EDITORIAL

Dear Readers,

“Education is the most powerful weapon which you can choose to change the world.”

**-Nelson Mandela**

Mr. Mandela's words, which capture the ethos of the dynamic force that education is, have inspired us at CIS to launch our very own E-Magazine 'The CIS Chronicle'. This initiative by CIS is aimed towards reinforcing the mandate that it is our responsibility collectively, at every individual's level to do our bit for Planet Earth and save our home.

At CIS, it is our endeavour to provide children with education that shapes their lives in a positive manner and helps them create a better world, a better tomorrow. To create responsible citizens of tomorrow, we must lead by example and we implore all our readers to introspect and do their bit for the greater good.

The CIS Chronicle celebrates our 10 year journey and proudly exhibits the achievements of our school and our accomplished girls.

2018-2019 has been a successful academic year for our students and The CIS Chronicle encompasses their journey in Intra-Inter School Activities while also bidding farewell to our current batch of Class XII.

This E-magazine is a testament to CIS' success in establishing itself as one of the best centres of learning for girls in the country and showcases the incredible opportunities that our daughters get at CIS to ensure that their talents are honed to the fullest.

The entire team of the Editorial Board extends its gratitude to the Management, Principal and all the teachers for their support and guidance. We would also like to thank all our students because of whom this E-magazine is in print.

We at CIS, reiterate our commitment towards providing the very best for our daughters and thank our mentors, parents and readers for their continued support.

With Best Wishes,  
Editorial Department,  
Team CIS.



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## MENTOR'S NOTE



**Dr. Amrita Dass**  
Founder Director  
Institute for Career Studies  
Lucknow

On behalf of the Institute for Career Studies, I take this opportunity to convey our heartiest congratulations to the Chickar International School (CIS) for having successfully completed 10 years of its stellar journey in imparting excellence in holistic education.

I am indeed proud to be associated with CIS since its inception and impressed with the phenomenal growth of the school which today has an all India presence as an institution of high repute.

The vision of the CIS leadership, management and faculty since the foundation of this 'world-class' school has been to deliver the best practices of education. This has been accomplished by integrating the curriculum with experiential, blended learning. Such a dynamic teaching learning process not only generates curiosity in the minds of young learners enabling them to explore their potential to the fullest but also creates an environment that incubates creativity and innovation. All these are vital elements for students to thrive and achieve their life-goals in the 21<sup>st</sup> century. Each year the students have excelled both academically and in a wide range of co-curricular activities winning many accolades for their institution.

CIS has also taken a lead in organizing a unique cultural extravaganza, "*Joie de Vivre*" which brings together participants from leading schools across India. This annual signature event showcases their talent in music, dance and dramatics while also creating societal awareness on a range of pressing issues. In this way, CIS provides a platform for developing the inherent talent of students while preparing them to play a significant leadership role as responsible citizens.

Wishing the CIS family, a splendid future of meaningful expansion to serve the educational needs of a wider universe of learners!

Amrita Dass





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## FROM THE DIRECTOR'S DESK



Rajesh Chickar



Vinny Chickar

Namaskar.

This is a very proud moment for us as we celebrate ten years of CIS. It seems like yesterday when Mrs. Jyotsna Brar, the then Principal of



Welham Girls' School, Dehradun along with Dr. Amrita Dass, Mrs. Farida Abraham, Mr. Kamal Ahuja, Deputy Head Master of The Doon School and our Chairperson, Smt. Urmil Chickar lit the ceremonial lamp on January 9, 2009 to inaugurate the school.

It has been a very enriching and rewarding journey made possible by the grace of the Almighty, the blessings of our dear father and your kind support and patronage. As we look back at the years gone by, our hearts are filled with gratitude for the people who have helped and guided us. It was indeed a very blessed moment when Dr. Amrita Dass, who is our mentor, agreed to come on board to give shape to the vision of our dear father, Late Shri Puran Lal Chickar. We owe a debt of gratitude to Dr. Dass and thank her for continuing to be our guiding force and becoming a part of the CIS family.



We also owe a debt of gratitude to Late Mrs. Farida Abraham, Principal of the La Martiniere Girls' College Lucknow who held us by the finger and led us up the right path. Forever forthcoming with her advice, Mrs. Farida Abraham will continue to have a very special place in our hearts.

We place on record our heartfelt gratitude for the support that we





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## FROM THE DIRECTOR'S DESK

continue to receive from Shri Rajendra Agarwal, Shri Kashi Nath Sharma, Shri Arvinder Bagga, Shri Ramandeep Singh, Shri Emran Swaleh and Shri Guru Mehrotra.

Starting with the ethos of 'Beti padhao-beti bachao', much before it became a political and social slogan, it has been our endeavour to put the best practices and systems in place to provide a platform for the all-round and holistic development of our daughters. Dr. Amrita Dass has put in place systems and practices that are being implemented by the top schools like Welham Girls', La Martiniere and others. Thanks to these systems and the dedication of the Principal and team of teachers, CIS is producing multi-dimensional students who besides achieving excellent results in the board exams are also performing exceptionally well in cultural and sporting activities. Based on their all-round talent, students that have passed out of CIS are being accepted at top universities and colleges. Having top schools like Welham Girls', La Martiniere Girls', Shiv Nadar, All Saints Girls, Auckland House Shimla, Nirmal Bhartiya, Vidya Gyan, Swaraj India Public School, Sunbeam, CMS participate in our inter-school festival 'Joie de vivre' is testimony to our systems being on par with these best schools. This activity, which is now an annual feature, is also providing our students a platform to test their prowess against students from these top schools.

We are very proud of the fact that no other school in the region, and not just Bareilly, is able to provide such an opportunity to its students. It is indeed fitting that we end by placing on record our sincere appreciation and gratitude to our most important partners, the parents who have entrusted their daughters to our care. Your trust and support gives us strength.

On behalf of our family, we reiterate our commitment to continue to provide value based education to our daughters and seek your continuous support.

Thank you and God bless us all.



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## FROM THE PRINCIPAL'S DESK



**Dr. Bhavna Rustagi**  
Principal

Having been a part of this great institution ever since we started in 2009, I am overjoyed and filled with pride as CIS completes a decade of imparting excellence in holistic education. It has been a very fulfilling journey for me as a teacher, a Principal and most importantly as a parent. My daughter passed out in 2017 and I am proud to have been part of the system that equipped her with academic and life skills that have enabled her to get admission in a top institution. I am not being immodest in saying that no other school would have moulded her personality the way CIS has.

Dedicated to the vision and ideals of Late Shri Puran Lal Chickar, we stand committed to be the leader in providing value based quality education. We have created an environment which helps the young minds to blossom and provide a platform for individual thinking and holistic development of our students. We continue to set higher standards and goals for ourselves and strive to achieve them-be it in the area of academics, sports, discipline, leadership and many more. In our short journey of 10 years, we have put into place system and practices that have become benchmarks for other institutions to follow.

Our students have made us proud with their brilliant efforts not only in academics but also in sports and co- curricular areas and are doing well in all fields. Achieving academic excellence is our main endeavour and the students of Class X and XII with their consistently excellent board examination results have made us proud. Our students are excelling in cultural and sporting activities across all age groups.

Thanks to the systems put in place by our mentor, Dr. Amrita Dass and the dedication of my faculty, CIS is now ranked on par with the leading 'all-girls' schools.

We at CIS will continue our untiring efforts to mould the young minds entrusted to our care into well balanced personalities and meaningful contributors to society.

I am grateful to you, dear parents, for entrusting your child to our care and I hope you enjoy this e-edition of our magazine.

I pray to God to bless and guide us in maintaining our position as a premier institution of learning. Amen.



## *Joie de vivre S2*

### A Platform for the Top Schools of North India!



It was a proud moment for Bareilly when CIS played host to the top schools of North India at the second edition of our Inter-School Cultural Festival, Joie de vivre on 29-30 October, 2018.

The festival is facilitated by the very generous support of Dr. Amrita Dass, Ms. Kavita Dass and their team at ICS, Lucknow.

Participating in the festival were teams from:

- *Welham Girls' School, Dehra Dun*
- *Shiv Nadar School, Noida*
- *La Martiniere Girls' College, Lucknow*
- *All Saints' College, Nainital*
- *Swaraj India Public School, Kanpur*
- *Vidyagyan, Sitapur*
- *Sunbeam Suncity School, Varanasi.*



The Indian Railways played spoilsport to CMS, Lucknow who had to cancel their participation as their train was running late by 17 hours.

Adhering to the adage of 'Atithi Devo Bhava' the students of CIS participated with but did not compete against their guests.

The event was inaugurated by the internationally renowned veterinary scientist, Dr. R.K.Singh, Director and Vice-chancellor of



Indian Veterinary Research Institute in the presence of the Chairperson, Mrs. Urmil Chickar, Mentor Dr. Amrita Dass, Principal Dr. Mrs. Bhavna Rustagi and Ms. Kavita Dass.

The competitive activities during the two day event were:

1. Creating Advertisements on FM Radio judged by MJ Zeeshan from Big FM 92.7
2. Essay Writing judged by Dr. Amrita Dass and Mr. Anant Bir Singh
3. Street Play judged by Dr. Garima Singh and Dr. Shalini Arora from Rangvinayak.
4. Solo and Group singing judged by Guruji Shri Alok Bannerjee, Mr. Arvinder Bagga & Mrs. Rajini Agarwal.



The topics for Creating Advertisements and Street Play were based on social issues and drawn by lots. The teams enthralled the audience with their grasp on the subjects injecting humour to drive home their points on the serious issues. The eminent judges had a tough time making their decisions.

The topic for the Essay Writing was 'Are we surrendering our lives to Artificial Intelligence!' The learned judges were amazed at the knowledge and skills of the participants.

The vocalists regaled the audience with their rendition of Western and Indian Classical songs left the judges applauding on their feet.





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Special mention must be made of the solo performance of CIS' own Kunika Rani whose rendition of a Classical Raga brought Guruji, Shri Alok Bannerjee to his feet.

The students also participated in a Group Discussion on 'Is Free Press a Threat in a Democratic Society!'

Dr. Amrita Dass conducted an inter-active audio-visual session with the students on 'The World in 2025 and Beyond'. Sharing her thoughts with the students she also invited the students to share their views on the topic which she will share with the audience during her visit to the World Economic Forum at Davos in January 2019.

Presided over by the Chief Guest, our Mayor, Shri Umesh Gautam and attended by the who's who of the city, the Closing Ceremony was a colourful affair with the participants showcasing the







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*Joie de vivre S2*

winning performances in Radio Jockey, Street Play and Singing before the audience.

The performances of the CIS Choir and Kunika Rani added zest to the ceremony and were much applauded. The event also provided a platform to the renowned vocalist, Shri Sanjeev Parashari who regaled the audience with his Ghazals.

The Team Championship was awarded to Welham Girls' School, Dehradun with Shiv Nadar School, Noida and Swaraj India Public School, Kanpur being second and third respectively.

Team CIS, led by the Principal, Dr. Mrs. Bhavna Rustagi thanked all the participants for making the event a grand success.





## Model United Nations 2018-19

The girls of Chickar International School participated as delegates at La Martiniere Girls' Model United Nations Conference held in Lucknow between 15-17 June, 2018.

Rubbing shoulders with teams from the leading schools of the country, it was a great experience for our students as they learnt the working of the United Nations.

Our representatives were -

1. Agrima Saxena : Class XII
2. Iti Azad : Class IX
3. Jhanvi Malik : Class IX
4. Mannat Ahuja : Class IX
5. Mili Chandola : Class XII
6. Nanda Singh : Class IX
7. Neha Rajani : Class XII
8. Pranshula Mishra : Class XII
9. Smriti Dhasmana : Class XII
10. Tanishka Taneja : Class XI



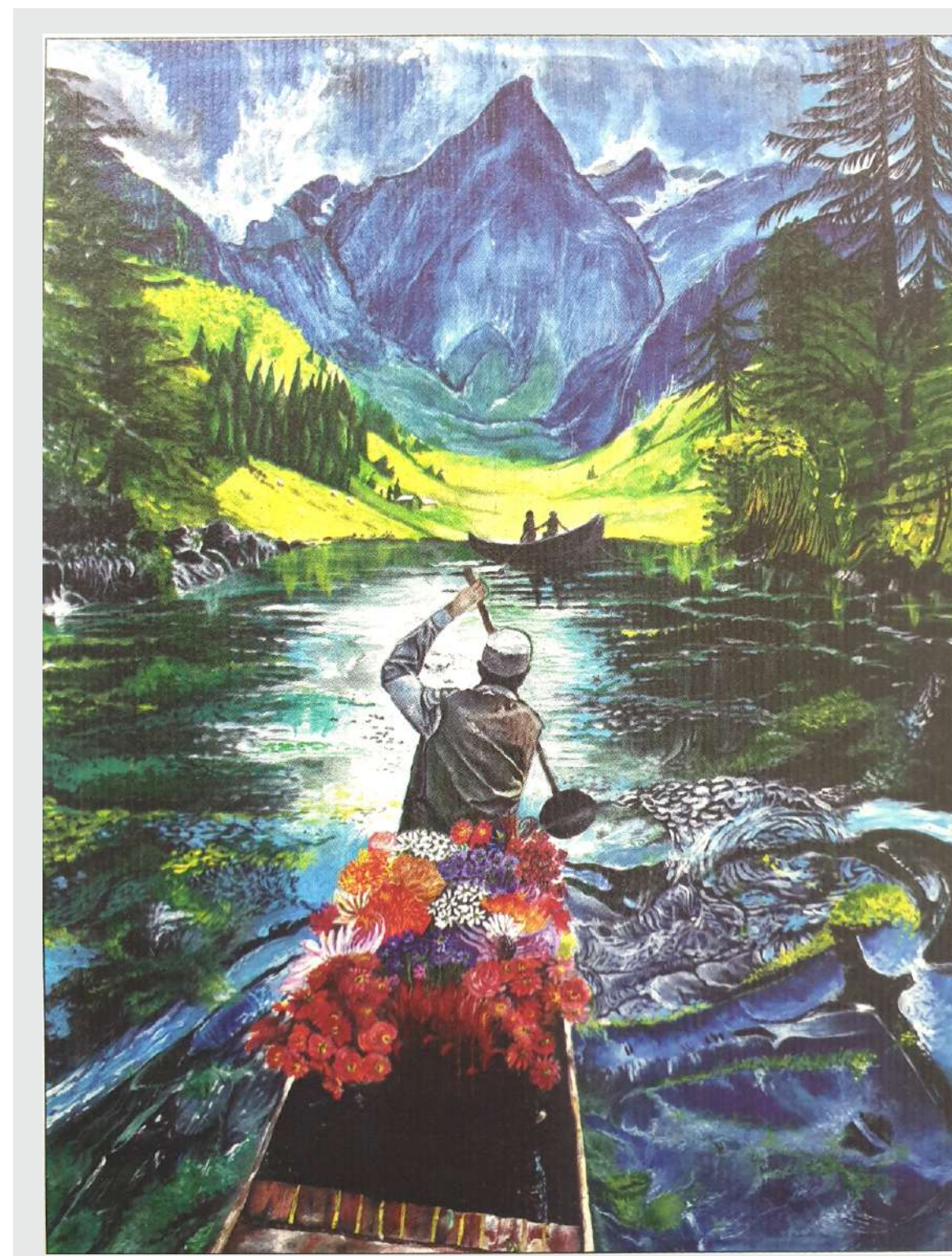


## ICS International Painting Competition

It is a matter of great pride that our students were, once again, invited to participate in the Annual International Painting Competition hosted by ICS International, Lucknow.

As in the previous years, our students came out with flying colours with Saman Rizvi's painting being adjudged amongst the top and receiving a 'Full Page' citation in the ICS International Annual Calendar for 2019.

Students from the top schools across India, Middle-East, Sri



Lanka and Bangladesh participated. Prominent among the Indian Schools were Welham Girls' Dehradun, Mayo College Ajmer, Auckland House Shimla, La Martiniere Lucknow and Kolkata, Modern High School Kolkata, Shiv Nadar Noida, Cathedral and John Cannon Mumbai, Assam Valley Guwahati, Daly College Indore, Sanskaar Valley Bhopal, Wynberg Allen Mussourie, Laidlaw Memorial Ooty and many others. Also

participating were The Indian High School Dubai, The Millenium School Dubai, Chittagong Grammar Dhaka, Gems Modern Academy Dubai etc



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TRIUMPHS  
2018-19**



## Winners: Inter School Quiz Competition BBL Public School, Bareilly

Chickar International School achieved 1st Position in the Inter School Quiz Competition held at BBL Public School, Bareilly in which boys and girls of the city's top schools participated.

Our team comprised of Mili Chandola (Class XII) and Gauri Agarwal (Class X).

We congratulate the girls on an outstanding performance!  
#GirlPower

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## INTER SCHOOL TRIUMPHS 2018-19

### **La Martiniere Girls' College, Lucknow: Farida Abraham Memorial National Debate and Quiz Competition**



Chickar International School was invited by La Martiniere Girls' College, Lucknow to take part in the Farida Abraham Memorial National Debate and Quiz Competition held between 25-28 October, 2018.

13 schools from different parts of the country were invited to be a part of the event and it was an enriching and learning experience for our girls who participated in the Debate Competition (based on both the Cambridge and Oxford patterns) and the Quiz Competition.

CIS was represented by:

- |                     |   |           |
|---------------------|---|-----------|
| 1. Oshi Gangwar     | : | Class XI  |
| 2. Vrinda Shinghal  | : | Class XII |
| 3. Yana Gangwar     | : | Class XI  |
| 4. Shatakshi Pathak | : | Class XI  |
| 5. Priyanshi Tandon | : | Class XI  |





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## **International Olympiads & National Examinations**

### **I. International English Olympiad**

- International Rank 10 : Aaiza Fahad : Class III
- International Rank 73 : Ananya Bass : Class II
- International Rank 81 : Navya Gautam : Class X
- International Rank 89 : Aarna Agarwal : Class III

### **II. International Mathematics Olympiad**

- International Rank 38 : Anjika Garg : Class IV
- International Rank 44 : Ananya Bass : Class II
- Zonal Rank 45 : Gauranshi Garg : Class VIII

### **III. International General Knowledge Olympiad**

- International Rank 48 : Siya Pant : Class I
- International Rank 90 : Gauri Mendiratta : Class I

### **IV. National Science Olympiad**

- Zonal Rank 22 : Gauri Agarwal : Class X

### **V. National Science Talent Search Examination**

- City Topper : Akshita Khandelwal : Class VII
- City Topper : Anjika Garg : Class IV





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2018-19**

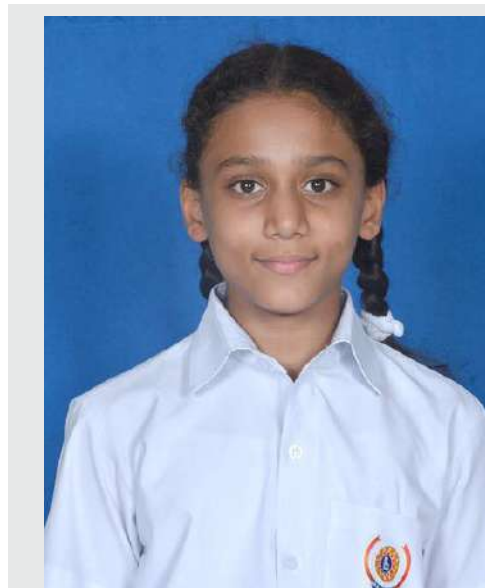
## **Winners: District Badminton Championship 2018, Bareilly Stadium**

The achievers of CIS excelled yet again in the District Badminton Championship 2018. The Top 3 positions in the Under 13 Category were all bagged by CIS!

### **Under 13 District Championship:**

1st Position : Jiya Shingal : Class V  
2nd Position : Shivani Gupta : Class VII  
3rd Position : Akshita Katiyar : Class VI

**In the Open Category (All Age Groups), Prachi Sharma of Class X achieved 2nd Position in Bareilly District!**



Jiya Shingal



Shivani Gupta



Akshita Katiyar



Prachi Sharma



## Winners: Badminton Tournament 2018 Organised by Rotary Club of Bareilly

The shuttlers of CIS participated at the 5<sup>th</sup> Inter School Badminton Tournament organised by Rotary Club of Bareilly South at the Sports Stadium, Bareilly and won laurels for the school.

In the Sub Junior Category, Aishani Gupta (Class V) and Akshita Katiyar (Class VI) won the Gold Medal.

In the Junior Category, Aanya Singh (Class IX) and Shivani Gupta (Class VII) won the Gold Medal.

In the Senior Category, Prachi Sharma (Class X) and Muskan Khatwani (Class XII) won the Bronze medal.

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Aishani Gupta



Akshita Katiyar



Aanya Singh



Shivani Gupta



Prachi Sharma



Muskan Khatwani





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## INTER SCHOOL TRIUMPHS 2018-19

### **Winners: District Table Tennis Championship 2018, MJPR University, Bareilly**

The girls of CIS won laurels for the school yet again in the District Table Tennis Tournament hosted by Mahatma Jyotiba Phule Rohilkhand University held between 18-20 August, 2018. In the Sub Junior Category, the girls of CIS triumphed and bagged the 1st, 2nd and 3rd Position!

In the Women's category, our Sub Junior Champions participated and beat their competitors to win the tournament and finish 1st and 2nd respectively.

The Results are as follows:

#### **District Table Tennis Tournament (Sub Junior Category):**

Winner	:	Ishita Gupta	:	Class VI
1st Runner Up	:	Anshika Gangwar	:	Class IX
2nd Runner Up	:	Ashwika Arora	:	Class VI

#### **District Table Tennis Tournament (Women's Category):**

Winner	:	Ishita Gupta	:	Class VI
1st Runner Up	:	Anshika Gangwar	:	Class IX







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## **Bronze Medal: Under-14 CBSE Cluster IV East Zone Table Tennis Championship 2018-19, Lucknow**

The young achievers of CIS won the Bronze Medal in the Under-14 CBSE Cluster IV East Zone Championship 2018-19 held in Lucknow.

CIS was represented by:

1. Ashwika Arora : Class VI
2. Ishita Gupta : Class VI
3. Kesar Dhirwani : Class VI
4. Bhavya Bhargava : Class V







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2018-19**

## **Bronze Medal: Under-14 CBSE Cluster IV East Zone Badminton Championship 2018-19, Badaun**

CIS' Under 14 Badminton Team won the Bronze Medal at the CBSE Cluster IV East Zone Championship 2018-19 in Badaun.

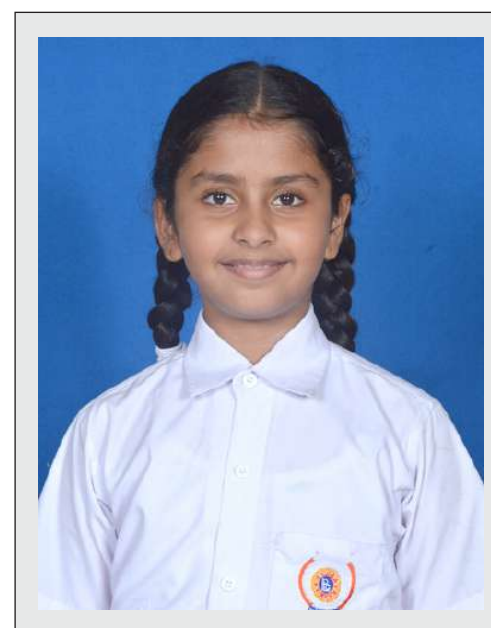
Out of the 32 schools who came from different cities across the region, our girls bagged the third prize.

CIS was represented by:

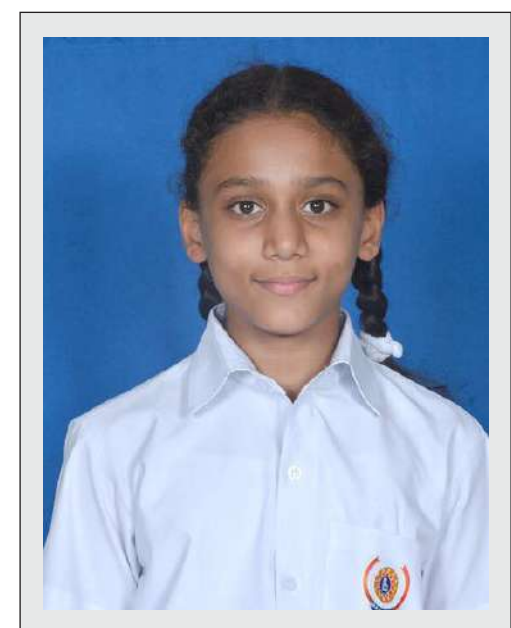
1. Akshita Katiyar (Under 14 Category): Class VI
2. Aishani Gupta (Under 14 Category): Class V
3. Jiya Shinghal (Under 14 Category): Class V
4. Aanya Singh (Under 17 Category): Class IX
5. Prachi Sharma (Under 17 Category): Class X



Akshita Katiyar



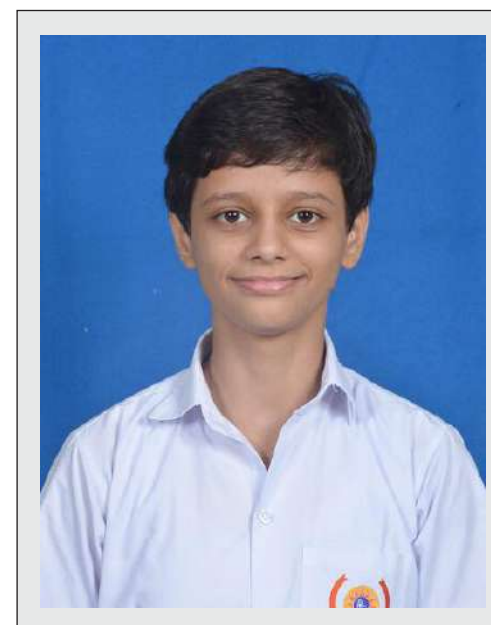
Aishani Gupta



Jiya Shinghal



Aanya Singh



Prachi Sharma



## Inter-School Sports Tournament, Sobti Public School, Bareilly

The girls of CIS made their mark at the Hira Singh Sobti Inter School Sports Tournament organised by Sobti Public School Bareilly and won laurels for the school.

The event included the following competitions: Table Tennis Tournament, Basketball Tournament and Swimming Tournament.

We are proud to declare that our girls excelled in all the three tournaments!



**In the Table Tennis Tournament, our girls won the Team Championship Trophy!**

1. In the Under 14 Category:

- Gold Medal : Ishita Gupta : Class VI
- Silver Medal : Kesar Dhirwani : Class VI
- Bronze Medal : Ashwika Arora : Class VI





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## INTER SCHOOL TRIUMPHS 2018-19

### 2. In the Under 17 Category:

- Gold Medal : Ishita Gupta : Class VI
- Silver Medal : Anshika Gangwar : Class IX

### 3. In the Under 19 Category:

- Gold Medal : Anshika Gangwar : Class IX

Our representatives in the Table Tennis Tournament were: Anshika Gangwar, Ishita Gupta, Swarnima Mishra, Kesar Dhirwani, Ashwika Arora, Ashna Arora and Bhavya Bhargava.

### **In the Basketball Tournament, CIS finished as the Runners Up and won the Silver Medal.**

CIS was represented by:

Nitya Sehgal, Vasudha Ahlawat, Anshika Singh, Shubhangini Kacker, Shifa Khan, Garima Mishra, Ananya Singh, Vartica, Anusha Rao, Devangshi Rastogi, Varnika Mishra and Shreya Gangwar.







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## INTER SCHOOL TRIUMPHS 2018-19

**In the Swimming Tournament, our girls won the Bronze Medal in various categories.**

1. In the Under 11 25 M Freestyle Category:

•Bronze Medal : Saesha Saharan :Class IV

2. In the Under 14 50 M Breaststroke Category:

•Bronze Medal : Prisha Mehra :Class VI

3. In the Under 14 50 M Freestyle Category:

•Bronze Medal : Seerat Kashyap :Class VIII

CIS was represented by:

Saesha Saharan, Prisha Mehra and Seerat Kashyap.





## Inter-School Swimming Championship, Manasthali, Bareilly

The young achievers of CIS were successful in their pursuits yet again as they won laurels for the school at the Inter-School Swimming Championship hosted by Manasthali School, Bareilly on 4 – 5 May, 2018.

1. In the Open Event 100 Breast Stroke Category:

•Silver Medal : Gauri Agarwal : Class X

2. In the Open Event 100 Butterfly Category:

•Silver Medal : Gauri Agarwal : Class X

3. In the Open Event 100 Metre Free Style Category:

•Bronze Medal : Gauri Agarwal : Class X

4. In the Under 10 Freestyle Category:

•Silver Medal : Saesha Saharan : Class IV

5. In the Under 12 Freestyle Category:

•Bronze Medal : Kanak Kaur Bakshi : Class V

6. In the Under 14 Breast Stroke Category:

•Silver Medal : Seerat Kashyap : Class VIII



Gauri Agarwal



Saesha Saharan



Kanak Kaur Bakshi



Seerat Kashyap



## Ranked Amongst Top 30 Schools in North India: Amity University

CIS has been listed among the top schools of North India. The honour was conferred by Amity University at the Principal's Conclave held in Lucknow on Saturday, 28-01-2017. The honour was conferred on the Principal, Dr. Mrs. Bhavna Rustagi. Prominent among the other schools that received the honour were Welham Girls School & The Doon School, Dehradun, La Martiniere Schools, Lucknow & Kolkata, Modern School, New Delhi etc.

The criteria for selection was the systems/practices adopted by the schools, particularly assessing the learning ability of the students resulting in the all-round holistic development and the results achieved, both in academics, co-curricular and extra-curricular activities.

We are proud that we are following the systems/practices adopted by the best schools resulting in the all-round development of our students.





## Shri Puran Lal Chickar Memorial Pride of CIS Award (2017-18)

Winner : Srishti Aarya : Class XII (Batch of 2017-18)



## ACCOLADES AT CIS

### Dr. Tehrim Dass Memorial Spirit of CIS Award

This award was instituted by our mentor, Dr. Amrita Dass in memory of her mother.

In keeping with the ethos of CIS this award recognises the all-round excellence in both academic and co-curricular activities. Evaluation is done by a panel of teachers and points awarded for academic growth and excellence, participation in and excelling in both cultural and sporting activities, displaying outstanding leadership qualities and exemplary conduct.

The winner of this year's spirit of CIS award exemplifies the desired qualities. She participates in and excels in both cultural and sporting activities.

Winner : Radhika Malik : Class XII







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**ACCOLADES  
AT CIS**

## Shri Puran Lal Chickar Memorial Student of the Year (2017-18)

This award focuses on the holistic development of our students. The awardees have been selected on the basis of their all-round performance. Points have been given for academics, co-curricular, sports & discipline.

Primary Section	: Ananya Bass	: Class I
Junior School	: Ashi Bass	: Class V
Middle School	: Avishi Dubey	: Class VIII
Senior School	: Devanshi Rastogi	: Class IX



Ananya Bass



Ashi Bass



Avishi Dubey



Devanshi Rastogi

## Shri Puran Lal Chickar Memorial Class Achievers Award (2017-18)

Class I	Aslana Mirza	Class II	Paridhi Bhasin
Class III	Darshein Kaur	Class IV	Sharanya Gautam
Class V	Kritika Singh	Class VI	Krishica Jaiswal
Class VII	Nandini Gupta	Class VIII	Sara Singh
Class IX	Gauri Agarwal	Class X	Oshi Gangwar
Class XI	Radhika Malik		





**CHICKAR**

INTERNATIONAL SCHOOL

**ACCOLADES  
AT CIS**

## **Shri Puran Lal Chickar Memorial**

### **Scholar Of The Year (2017-18)**

This award recognises academic excellence and goes to the student who has performed consistently and has achieved the best aggregate scores through the year. The Shri Puran Lal Chickar Memorial Scholar of the Year award goes to:

Class VI	:	Akshita Khandelwal
Class VII	:	Shambhavi Srivastava
Class VIII	:	Avishi Dubey
Class IX	:	Devanshi Rastogi
Class X	:	Anshika Saxena
Class XI	:	Mili Chandola

## **Shri Puran Lal Chickar Memorial Award**

### **For Sporting Excellence (2018-19)**

- **BEST BADMINTON PLAYER**

Senior	Aanya Singh	:	Class IX
Junior	Shivani Gupta	:	Class VII
Sub Junior	Jiya Shinghal	:	Class V

- **BEST TABLE-TENNIS PLAYER**

Senior	Shivangi Pal	:	Class XI
Junior	Ishita Gupta	:	Class VI
Sub Junior	Bhavya Bhargava	:	Class V

- **BEST ATHLETE**

Senior	Nitya Sehgal	:	Class X
Junior	Shreya Gangwar	:	Class VIII
Sub Junior	Vani Pandey	:	Class V





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**ACCOLADES  
AT CIS**

- **SPORTS PERSON**

Senior	Shifa Khan	:	Class X
Junior	Shreya Gangwar	:	Class VIII
Sub Junior	Vani Pandey	:	Class V

## **CIS Best House Trophy (2017-18)**

Orchids House







**CHICKAR**  
INTERNATIONAL SCHOOL

**pilipalas**  
by CIS

Chickar International School launched 'Pilipalas by CIS', the new age **Play Group-Kindergarten for Boys and Girls** on Saturday, 17-03-2018.

Situated near Ganga Charan Hospital, Rampur Garden, the state-of the art infrastructure at Pilipalas is the first of its kind in Bareilly. Away from the main road, yet easily accessible, the spacious, bright and airy facility with child-friendly equipment provides a happy, safe and secure environment for your precious little ones!







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**pilipalas**  
by CIS







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**pilipalas**  
by CIS







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## Budding Artists at CIS

## ARTWORK

“I dream of painting and then I paint my dream”

-Vincent Van Gogh

The budding artists at CIS, under the valuable guidance of their teachers, speak a thousand words through their works of art. CIS is proud to showcase the talents of these young artists who combine creativity with finesse to create masterpieces.



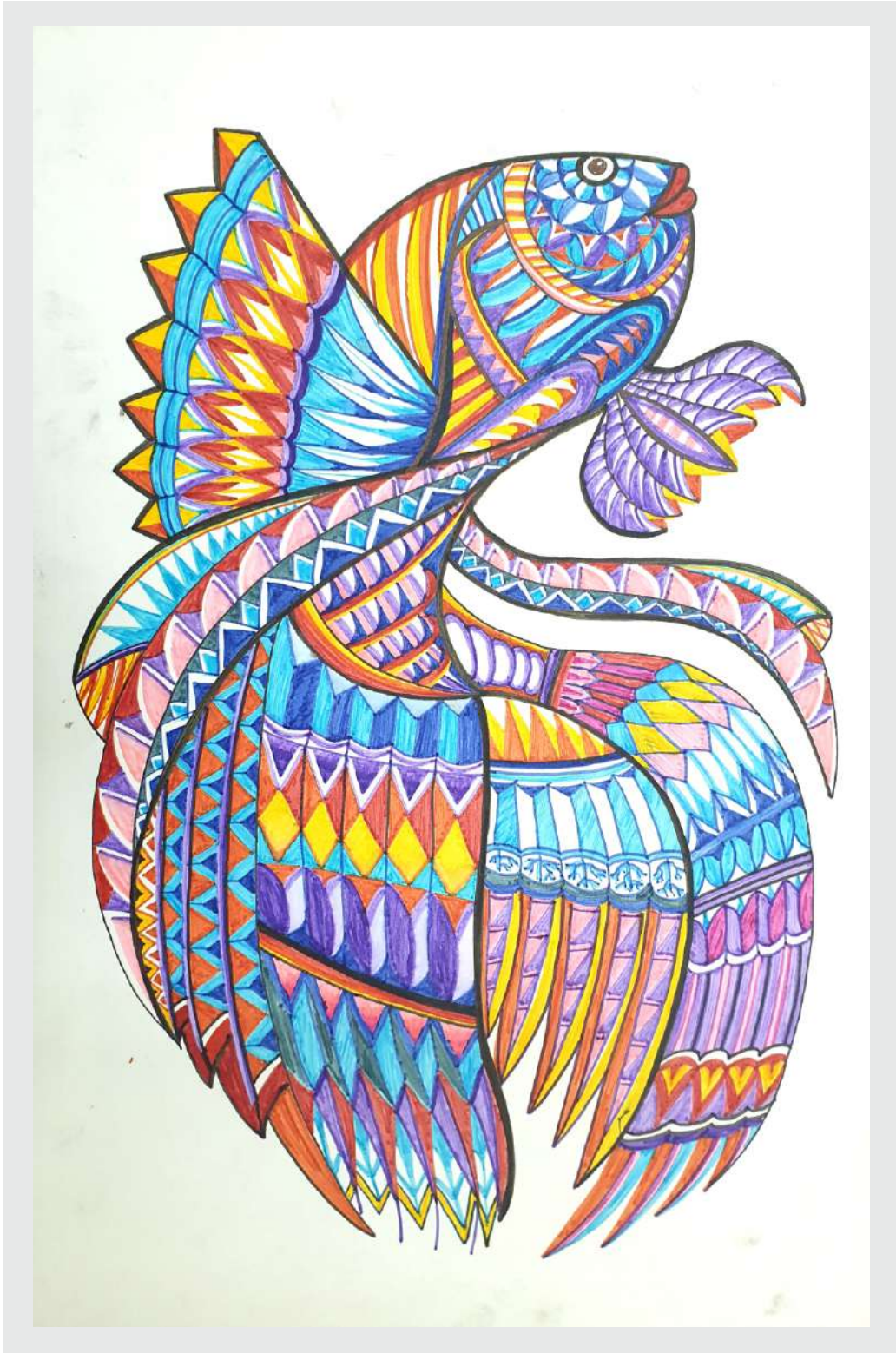
**Saman Rizvi**  
**Class-XII A**





**CHICKAR**  
INTERNATIONAL SCHOOL

**Budding  
Artists  
at CIS**



**Pranshula Mishra**  
**Class-XII C**



**Anshika Rana**  
**Class-XII B**





**CHICKAR**  
INTERNATIONAL SCHOOL

## Budding Artists at CIS



**Shreya Bhadauria**  
Class-XII C



## Founder's Day Celebrations, 2018

Chickar International School celebrated its landmark 10th Founder's Day on 1 December, 2018. Renowned educationist and Chairperson of our Managing Committee, Dr. Amrita Dass presided over the event as the Chief Guest.

Our Founder Principal, Mrs. Firdaus Rehman and Mrs. Aashrita Dass, Principal, La Martiniere Girls' College, Lucknow also graced the occasion. Also present were the Chairperson of CIS, Mrs. Urmil Chickar, Principal Commissioner Income Tax, Mr. Shishir Agarwal, Member of the Managing Committee, Mr. Ramandeep Singh, parents and other guests.



Congratulatory video messages were received from Mrs. Jyotsna Brar, Ex-Principal, Welham Girls' School, Dehradun and Mr. Kamal Ahuja, Deputy Headmaster, The Doon School, Dehradun.

The Annual Day Celebration commenced with the Saraswati Vandana followed by performances showcasing the skills of the students. The Primary & Pre-Primary Section put up scintillating performances to mark the occasion. The performances put up by the senior classes focused largely on social issues pertaining to the role of women in society as well as the consequences of wasting precious natural resources and their impact in the future.

Medals and certificates were awarded to students for academic, sporting and co-curricular achievements. Radhika Malik was awarded the 'Spirit of CIS' and Srishti Arya was honoured with the



'Pride of CIS' award.

Our Chief Guest, Dr. Amrita Dass lauded the performance of the school and congratulated the management for their untiring efforts in making CIS a leading institution in North India. She also impressed upon the audience the need to make children 'Future Ready' through personalised and inter-disciplinary learning and also spoke about the importance of preparing them to be leaders of tomorrow.

The event was a grand success thanks to the hard work put in by the teachers and students at CIS.

## Calendar Events & Seminars





## Career Counselling & Guidance



### Calendar Events & Seminars



The Annual Counselling and Guidance Session for students of Class X and XII, along with their parents was organised on 27 - 30 August, 2018. As an institution, we emphasise on the 'Right Fit Concept' for each child, based on their interest, aptitude, ability and circumstances. The session was conducted by Mr. Kamalakar Dwivedi, an engineer (B.Tech.) from the prestigious IIT, Kanpur.

A Senior Career Counsellor with the Institute for Career Studies, Mr.

Dwivedi is also a consultant with various Engineering and Management Institutes. He is also a part of the Times of India's 'Teach India Initiative'. He has conducted such sessions at many prestigious schools across India. As always, the most important session was where the parents were counseled to step out of the stereotyped, comfort zones and advised on the various options available to their children.

The students of Class X were guided on the choice of subjects while the students of Class XII were guided on the various options available to them for their chosen subjects.





## Investiture Ceremony, 2018-19

“Leaders are not born but are made by their experiences in life.”

The Investiture ceremony at Chickar International School was held on 7<sup>th</sup> May, 2018 to inculcate leadership qualities in our senior-most students of 2018-19.



The names of the newly elected leaders were announced by the Principal, Dr. Mrs. Bhavna Rustagi. The occasion was graced by the Chairperson, Mrs. Urmil Chickar who bestowed her blessings on the newly elected Head Girl Ms. Radhika Malik, her deputy Ms. Oshi Gangwar and their team.

### CIS' Captains (2018-19)

School Captain: Radhika Malik  
Cultural Captain: Pranshula Mishra  
Sports Captain: Falak Rehman  
Eco Captain: Neha Rajani  
Tulips Captain: Sejal Bagga  
Orchids Captain: Anshika Rana  
Daffodils Captain: Vrinda Sehgal  
Daisies Captain: Shubhashini Singh  
Discipline Captains: Devanshi Agarwal & Navneet Kaur  
Discipline Vice Captains: Satakshi Pathak & Shlagya Mishra

School Vice Captain: Oshi Gangwar  
Cultural Vice Captain: Priyanshi Tandon  
Sports Vice Captain: Adviti Gangwar  
Eco Vice Captain: Anshika Saxena  
Tulips Vice Captain: Tanishka Taneja  
Orchids Vice Captain: Kunika Saxena  
Daffodils Vice Captain: Areeba Ashraf  
Daisies Vice Captain: Yana Gangwar



## Tree Plantation Drive, 2018

As part of our constant endeavour to spread environmental and civic awareness amongst our students, a tree plantation drive 'PLANT A TREE – A 'PRESENT' FOR THE FUTURE' was organised in the school on 27 July, 2018. Mrs. Neeta Singh, wife of the District Magistrate, Shri Virendra Kumar Singh was the Chief Guest who, besides planting a tree also addressed the students emphasising on the need to protect and conserve the environment.

Present on the occasion and also planting a tree were the Chairperson, Mrs. Urmil Chickar, the Principal, Dr. Mrs. Bhavna Rustagi, members of the Managing Committee Mr. Arvinder Bagga and Mr. Emran Swalih. Also present to bless the occasion was Smt. Mahendra Kaur Arora, mother of the Managing Committee member and State President of CREDAI Mr. Ramandeep Singh.

Neem saplings were also given to the students to be planted in their homes. We teach our children that it is extremely important to plant more trees, embrace nature and reap their fruits without harming them.







**CHICKAR**  
INTERNATIONAL SCHOOL

## Calendar Events & Seminars





## Independence Day, 2018

We attained Independence in 1947, but the struggle continues and it is important to teach the next generation that they should respect their parents, elders, the freedom fighters and our homeland which nurtures and unites us.

In keeping up with the spirit of celebration and patriotism, the students at CIS and Pilipalas put up a memorable cultural performance to mark India's 72nd Independence Day!

We salute the freedom fighters who ensured that we have a bright present and an even brighter future! We also celebrated the valour and dedication of the soldiers who sacrifice their lives for the citizens of this great nation!

Jai Hind, Jai Bharat!







**CHICKAR**  
INTERNATIONAL SCHOOL

## Calendar Events & Seminars

### Republic Day, 2019

On the occasion of our 70th Republic Day, the girls of Chickar International School put up scintillating performances to commemorate the day when our Constitution finally came into effect.

Chickar International School also honoured our very own Sports Achievers for 2018-19.

The little ones at Pilipalas celebrated Republic Day with a lot of pomp and vigour and learned the importance of this symbolic day in Indian history. We strongly encourage our children to be responsible citizens and contribute towards building a greater nation.

Jai Hind, Jai Bharat!





## Health Check Up Camps & Sessions



### Eye Check-Up Camp

We thank Dr. Akshat Bass and his team for organising an Eye Check-Up Camp for the students of CIS on 23rd & 24th August, 2018. Detailed reports containing suggestive corrective measures were also sent to the parents.

### Dental Check-up Camp

We thank Dr. Vibhor Pradhan, Dr. Jaya Verma and their team at Smile Foundation Dental Clinic, Bareilly for organising a Dental Check-up for the betterment of the Oral Health our students on 16 January, 2019.

### Session on Personal Hygiene

We thank Dr. Archana Agarwal for conducting a session on personal hygiene, menstruation, importance of physical fitness etc. for our girls in the month of October, 2018. She guided the students on the true meaning of health and explained how being healthy is a state of complete physical, mental and social well-being.





**CHICKAR**  
INTERNATIONAL SCHOOL

## Calendar Events & Seminars

### Earth Day: 22<sup>nd</sup> April 2018

Small changes can make a big difference. On Earth Day 2018, the girls of the Senior Secondary Division at CIS joined hands and attempted to create more awareness amongst the student body by raising the roof at the school premises through a Nukkad Natak emphasising on the need to save our planet and putting a stop to all forms of pollution.

Our girls contributed towards making our Earth a better place to live in and are constantly taught to be conscientious human beings.





# Children's Day Activity, 2018

Excerpts from the Children's Day Activity at CIS & Pilipalas:



Calendar  
Events  
& Seminars



## Pilipalas: Parent-Child Bonding Activity

On 9 February 2019, Pilipalas by CIS conducted a 'Parent-Child Bonding Activity'. During the course of the activity, our little Pilipalas and their parents created new memories and spent their time indulging in fun activities. We thank the parents for being wonderful and enthusiastic participants.







**CHICKAR**  
INTERNATIONAL SCHOOL

## Head Girl's Report



**Radhika Malik**  
Head Girl

The day I was sworn in as the Head Girl of this renowned institution was an important day in my life. Since I am one of the first students at CIS, I am proud to be a part of this grand 10 year journey and serve as CIS' 10th Head Girl. The Head Girl isn't just a title; it is a huge responsibility which demands hard work, dedication and sincerity. It made me feel validated and responsible at the same time.

Hosting and contributing towards the second edition of 'Joie de vivre' the Inter School Cultural Festival in which the best schools of North India participated was a huge learning experience for me and all my fellow students. I hope that all the captains at CIS have learnt as much from our duties as I have and have performed them dutifully.

As the Head Girl of Chickar International School, I thank the management and teachers for all of the time and dedication that they have devoted to the batch of 2019. I thank my parents and my grandmother for always being there for me. I also want to thank my friends and classmates for making this journey memorable.

At CIS, we remember our Head Girls fondly and I hope that I can be worthy of being mentioned in the same breath as my predecessors.

My message for the class of 2019: This is the end of school life for us for we have grown up. But it is not the end of the road for us. Many people can give better advice, people who are older, more educated and more experienced than I am. It is neither worth your time nor mine to hear the ruminations of an eighteen year old. Our school, our parents, our childhood and our experiences have culminated in us being equipped to face the world and make our mark. Now, it is time to leave the nest. Let's go out there and change the world, do meaningful work and be responsible citizens of this great nation. Let us make our parents and our school proud.

Thank you.





**CHICKAR**

INTERNATIONAL SCHOOL

## House Reports

### DAFFODILS HOUSE

The most certain way to succeed is always to never give up. The will to win and desire to succeed have been the keys that have unlocked the doors to personal excellence of Daffodils House.

We, at Daffodils House are proud to declare that just like the flower Daffodil announces the beginning of spring, our girls began their journey of 2018- 19 with high spirits and inspiration.

In the Inter- House events, our senior girls secured 2<sup>nd</sup> position in Quiz Competition. Our juniorgirls were no less and kept the flag of Daffodils flying high by bagging first place in Spell Bee, Maths Quiz and Hindi Skit Competition.

In sports, Daffodils House maintained its superiority by attaining Podium Positions in both Junior and Senior categories for all the competitions. The Daffodil girls were confident and energetic as they stood first in many events.

I congratulate all the winners and extend my thanks to my team members for the support and ideas without which this success would not have been possible.

Lastly, my message to my all dear girls of Daffodils House: We have the power to make ourselves what we wish to be; we are responsible for who we are.

Mrs. Shilpa. R  
(House Mistress)





**CHICKAR**  
INTERNATIONAL SCHOOL

## House Reports

### TULIP HOUSE

The blue colour symbolizes Tulip House and blue stands for prosperity and progress. The colour blue also signifies hope and positive thinking and with this in mind, the students of Tulip House have always been determined to succeed.

2018-19 was a year of All Round Excellence for Tulip House. It brought new challenges and under the able guidance and motivation of our teachers, the house brought many laurels in various fields.

Tulip House managed to secure the first position in the following events: English Recitation Competition, Essay writing Competition, Tackboard Competition, Solo Singing Competition, Solo Dance Competition, Kabaddi (Junior/Senior), Kho-Kho (Senior), Young Poets Competition, Rakhi Making Competition, Hindi Recitation Competition and Spell Bee Competition (Senior).

The defining movement for Tulip House was when Shifa Khan won the Best Sportsperson in the Senior Category.

I wish to thank every teacher and student who contributed towards the success of Tulip House.

The House Captain, Sejal Bagga & Vice Captain, Tanishka Taneja deserve to be mentioned for their hard work and innovative ideas. I am sure my team will continue to bring glory to the house and the school.

“Strength does not come from what you can do; it comes from overcoming hurdles.”

Mrs. Leena Khattar  
(House Mistress)





**CHICKAR**  
INTERNATIONAL SCHOOL

## House Reports

### ORCHID HOUSE

“Our positive actions combined with positive thinking result in success.”

This year, the students of the Orchid house participated in all the events with great zeal and enthusiasm to strive for the “Best House Trophy”

In the Inter- House events, our senior girls secured 1<sup>st</sup> position in Rangoli Competition and Hindi Skit Competition. We bagged the 2<sup>nd</sup> position in the English Debate Competition and Solo Singing Competition.

Our junior students contributed towards keeping the flag of the Orchids House flying high by bagging 1<sup>st</sup> and 2<sup>nd</sup> place in Rakhi Making Competition. We also bagged 1<sup>st</sup> position in G.K Quiz competition.

In sports, the House maintained its superiority by remaining unbeaten in both junior and senior sections of all the competitions and winning the majority of the competitions.

I congratulate all the winners and extend my thanks to my team members for their support and ideas without which this success would not have been possible.

I hope all girls of Orchid House will continue to work hard. I wish them the very best for their bright future.

Mrs. Geeta Batra  
(House Mistress)





**CHICKAR**  
INTERNATIONAL SCHOOL

## House Reports

### DAISY HOUSE

“Ambition is the key to success”

Red is the symbol of love, courage, sacrifice, victory and honour. Students of Daisy House stood strong and united at all times during 2018-19. They are highly talented and creative and this is the secret of their success in various Inter House Competitions like Young Poets, G.K Quiz, Maths and Science Quiz.

The academic year started with success as we stood 1<sup>st</sup> and 2<sup>nd</sup> respectively in Tackboard competitions with the topics 'Child labour' and 'Traffic rules'. Our sub junior girls stood 1<sup>st</sup> in 'Patriotic Song Competition and G.K Quiz (Junior) Competition.

The teachers and the students of Daisy House have shown excellent team spirit all through the year. I extend my sincere thanks to my team members for their support and constant efforts in all the House activities.

“Talent wins games, but team work and intelligence win championships.”

Mrs. Aditi Pandey  
(House Mistress)





**CHICKAR**  
INTERNATIONAL SCHOOL

## Pre-Primary Section Snapshots

## Red Colour Day

What is life without colour!? Each colour adds something to life. Red, the brightest and the boldest of all the colours symbolises love, joy and strength.

Dressed in shades of red, the little angels celebrated Red Colour Day on 27 April, 2018.







**CHICKAR**  
INTERNATIONAL SCHOOL

## Pre-Primary Section Snapshots

### Yellow Colour Day

Dressed in shades of yellow, the youngsters at CIS & Pilipalas celebrated Yellow Colour Day on 26 July, 2018!







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INTERNATIONAL SCHOOL

## Pre-Primary Section Snapshots

### Blue Colour Day

'Conserve Water, Conserve Life' - This was the message spread by the little ones of CIS and Pilipalas as they celebrated BLUE DAY. Dressed in various hues of Blue, the young ones enjoyed themselves with various activities on 8 August, 2018.







**CHICKAR**  
INTERNATIONAL SCHOOL

## Pre-Primary Section Snapshots

### Beat The Heat Day

Our brave little youngsters learnt how to battle the heat with cold drinks, shades and colourful summer clothes on 3 May, 2018.







**CHICKAR**  
INTERNATIONAL SCHOOL

## Budding Writers at CIS



**Devanshi Rastogi**  
Class X - A

## True Paradise

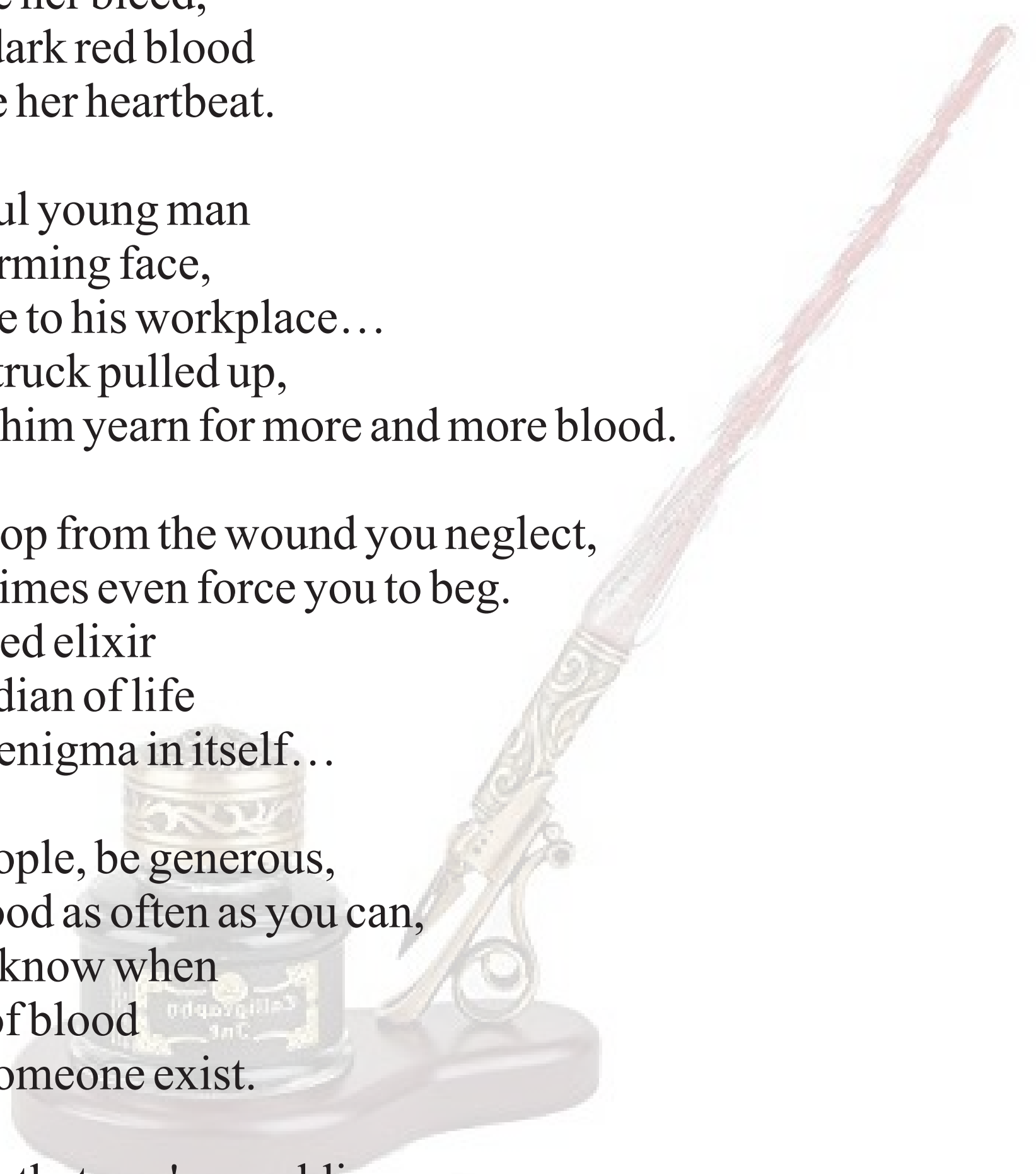
That little girl who played with a doll,  
Had to respond to fate's terrible call,  
A fall made her bleed,  
And only dark red blood  
Could save her heartbeat.

That helpful young man  
With a charming face,  
Rode a bike to his workplace...  
One day a truck pulled up,  
And made him yearn for more and more blood.

A single drop from the wound you neglect,  
Can sometimes even force you to beg.  
This dark red elixir  
Is the guardian of life  
It is but an enigma in itself...

So dear people, be generous,  
Donate blood as often as you can,  
You never know when  
One drop of blood  
Can help someone exist.

Remember that you're a soldier,  
You too save lives  
Just not at the border...  
Doing this you will gradually realize  
That a blood donation camp is a path to paradise.







**CHICKAR**  
INTERNATIONAL SCHOOL

## Budding Writers at CIS



**Sara Singh**  
Class IX - A

## The Sobbing Planet

Imagine that one day, someone breaks into your house. The robber takes away all your wealth and ruins your house.

How would you feel? Painful, hurt and sad? Dwell in that moment.....

You are the robber and your house is actually our lovely planet Earth. How do you feel now? Guilty and sick at heart?

We ought to feel guilty because we are killing and polluting our planet, our home and we are also the cause behind the death of many species living on Earth.

The busy roads of Delhi can now be called Hitler's Gas Chambers! We are living in a world where a half acre of forests will be cut down before I finish writing this article! Let that sink in...

In a nutshell, destruction is near! Trees shouldn't be cut down! Pollution should be minimized! Waste material should be disposed carefully! Animals should not be hunted! Life on earth is taking a turn for the worse and we, as a society, continue to turn a blind eye to it.

In the last few decades, we humans, the most 'rational and intellectual' of all the living beings, have mastered two beautiful arts- the art of negligence and the art of greed. Our needs are turning into wants which are killing our planet. The Earth's anguish and agony is visible. The rate of environmental degradation is escalating as a result of the tremendous moral degradation in the human species. It's high time that we take up this initiative seriously.

Saving the Earth is not a choice but a necessity. If the Earth gets destroyed, there is no new planet waiting to be the saviour of the human race.





**CHICKAR**  
INTERNATIONAL SCHOOL

## Budding Writers at CIS



**Priyanshi Tandon**  
Class XI - B

## New Lyrics

Deliberating life and happiness which were long gone  
Still and desolate, I sat in the lawn  
Suddenly, the chirping of birds broke my reverie  
These little winged creatures were creating  
The foundation of their dream abode...  
Bringing each twig from afar  
With innocent eyes who expressed an unspoken story  
They were braiding new dreams together

The winds howled and whistled  
Then came the tempest  
And shattered the nest where the birds sat...  
When the world needs a lending hand,  
There is no one around us to stand  
Their perseverance touched my core for  
The storm couldn't break the birds' spirits,  
They rebuilt their house with new lyrics.

These birds gave me a new purpose in life  
To seek happiness that was once mine  
I remember the good times, the laughter and the songs  
The life that I lived when I was strong.  
It's time to gather myself,  
Sow new seeds and forget the rest.  
Two and two together make four,  
In darkness there is always a ray of hope.





**CHICKAR**  
INTERNATIONAL SCHOOL

## Budding Writers at CIS



**Ananya Sharma**  
Class VI - A

## One Day As My Favourite Fictional Character

If I ever get a chance to be my favorite fictional character even for a day, I will choose Harry Potter.

Once I become Harry Potter, I will make a beeline for his best friends (or my best friends): Hermione Granger and Ronald Weasley. Then, it will be time for me to study magic at Hogwarts! I will try to impress all my teachers and will also earn points for my house: Gryffindor. I will brew magical potions, perform charms and learn how to defend myself against dark magic. Oh! It will be so much fun!

When my studies are over, I will return to my Gryffindor's common room. I will play Wizard's Chess with Ronald there.

Then, I will go to play Quidditch. It is the only sport in wizarding world. It is like basketball played on broomsticks with five hoops. Harry's broomstick (or mine for that day) is a Firebolt. It is the best broomstick in the magical world and is very expensive. Harry was an orphan and his godfather, Sirius Black had gifted him the Firebolt on his thirteenth birthday. I will fly on the Firebolt and will chase a small golden ball called 'Snitch'. I know I will be the deciding factor behind Gryffindor winning the match!

After the match, I will proceed to the Owlery to meet my owl, Hedwig. She would be very excited to see me. I will feed her and stroke her back for some time after which I will go to my Dormitory. I will chat and play with my friends and then go to sleep.

Harry's routine day for me, is an adventure in itself!





**CHICKAR**  
INTERNATIONAL SCHOOL

## Budding Writers at CIS



**Priyani Singh**  
Class VIII - B

# Shoot Animals With A Camera, Not A Gun

The great animal kingdom has existed since times immemorial. The Earth belongs to them as much as it belongs to us. Essentially, we are animals too!

But unfortunately, they are forced to live like strangers in their own houses as they are not safe anymore. They are killed for their skin, horn, ivory(elephants) etc. Poaching is an illegal activity. However, despite all restrictions, it still exists for the expensive products obtained from the animals. Many celebrities, who we idolise, also hunt animals.

Forests are being destroyed due to urbanisation. Animals are losing their homes every day. Consequently, they are attacking cities and are being killed. Lions, tigers, elephants are our nation's pride. They are a part of the rich flora and fauna that the country has but they are rapidly decreasing in numbers and becoming a part of the 'endangered species' – all because of us!

There are several national parks where people are living with animals. These wild animals are treated like pets by these communities. These people are not harmed by the animals as they don't harm them. From these communities, we need to learn a lesson: If we don't harm animals, animals will not harm us. We should remember that animals are our friends with whom we have to share Earth, maintain the balance in the ecosystem and survive.

Several people visit these sanctuaries, national parks etc. catch a glimpse of these wildlife species. People click photos of these animals and send them to their families and friends. Even in zoos, we should ensure that we treat animals well and keep them healthy. We shouldn't keep them in isolation. We should celebrate wildlife, not threaten it! These exquisite creatures are marvels in themselves and deserve to be protected.

Several organisations have been set up to protect animals. Among these the most popular organisation is PETA which stands for People for the Ethical Treatment of Animals where people can donate some money for the treatment of animals. Several famous personalities have joined the chain to protect animals. People can start from the simplest level. They can treat street dogs with care, love and kindness.

We should protect animals and treat them with love and care because if we are cruel towards them, they too would be cruel towards us.





**CHICKAR**  
INTERNATIONAL SCHOOL

## Budding Writers at CIS



**Hansika Silot**  
Class VI - B

## Sports: A Must In A Child's Life

Sports improve physical fitness, alertness, mental reactions, discipline and stamina. If any sport is played by a child every day, the child's health will be good throughout his or her life.

There are many sports which a child can play like badminton, table tennis, basketball etc. There is a fallacy which exists in society which says that children should focus on studies and avoid sports if necessary. I strongly believe that even if a child is not good at studies, he/she should still try to play a sport regularly. Each child should play a sport for at least an hour daily. The child might even become a coach or an expert at a particular sport. At the very least, that child will learn how the world functions as sports teach us a lot. They teach us that hard work pays off and gives us reality checks and challenges just like life. Sports prepare us to face life. It teaches us resilience and encourages us to fight until the very last moment. It also teaches us to never throw in the towel...

Our Prime Minister, Mr. Narender Damodar Das Modi, has launched a mission which has been christened 'Khelo India'. This mission supports children who are very good at sports and aims to make a marked difference in the lives of children and future generations.

“Sports teach you character, it teaches you to play by the rules, it teaches you what it feels like to win or lose, it teaches you about life.”

-Billie Jean King





**CHICKAR**  
INTERNATIONAL SCHOOL

## Budding Writers at CIS



**Akshita Khandelwal**  
Class VII - B

## Save Trees

Once, some trees were planted  
Given life by little hands  
They wanted them to become high and mighty  
Wished for them to touch the sky.

The kids smiled and returned home  
Told their mothers about their great deed  
They did not know that their lovely trees  
Would soon be dead...

One day when the sun was bright  
Few woodcutters came into sight  
They looked at the trees with an evil glance  
Flinging their axes, they started chopping the trees down!

They cut off the trees mercilessly  
Then their stems and branches too  
They pulled their roots from the soil  
And the great trees were soon dead.

When the sun had nearly set  
They transported the tree to a ship's deck  
The waters carried it afar  
It was used to make furniture and beds!

God will punish those vile creatures who  
Destroyed the shelter of animals  
Reduced the oxygen in the air  
Snatched the fruits of the children's labour...

The little kids had grown over the years  
Now they wanted to see their friends, the trees  
Merrily they reached that place  
Where they had planted trees in their childhood days.

But when they didn't find their trees there  
Their eyes became wet and filled them with regret  
They had wished to see huge and beautiful trees  
Alas! The vicinity was no longer merry and green...





**CHICKAR**  
INTERNATIONAL SCHOOL

**Budding  
Writers  
at CIS**



**Oshi Gangwar**  
Class XI - A

## **Cashless Economy: Boon or Bane**

“Monetary transactions are the lifelines of economy.”

The salient feature of various dominant economies like U. S. A., China and Canada is an unconventional system of digital or cashless transactions. It allows instant transactions and borderless transfer of ownership. Following the footsteps of developed nations, India is also striving to build a cashless economy.

In any economy, the needs of the consumers are of paramount importance. A cashless economy system makes it very convenient for people and business houses to transfer money to another entity. For a layman, it reduces the tediousness of carrying a large quantity of paper notes. In hospitals and emergency situations, monetary liabilities can be settled easily through internet banking without an actual physical presence of money. The government also provides incentives in the form of discounts to the customers for rail travel [2%] and service tax [0.75%] etc. It also allows the government to monitor and mend tax evasion. Since no online transaction goes unrecorded, the government can track unscrupulous activities, accumulation of 'black money' and funding of terror activities. Consequently, this fair practice helps in establishing transparency in economies, giving a robust rise to economic growth and investments.

In 2012-13, 2,376 crore were spent in India to print currency notes, which constitutes 1.5% of total money printed. Thus, following the mandate of 'CASHLESS, CORRUPTIONLESS, PAPERLESS', we are reducing the government's expenditure. In addition to this, we can also eliminate the menace of counterfeit currency in the economy.

This digital alternative also has other advantages. In case one gets robbed in a foreign country, one would not face as much inconvenience as we would be relying mainly on digital currency which can be tracked easily. It lowers the risk of theft as cards and





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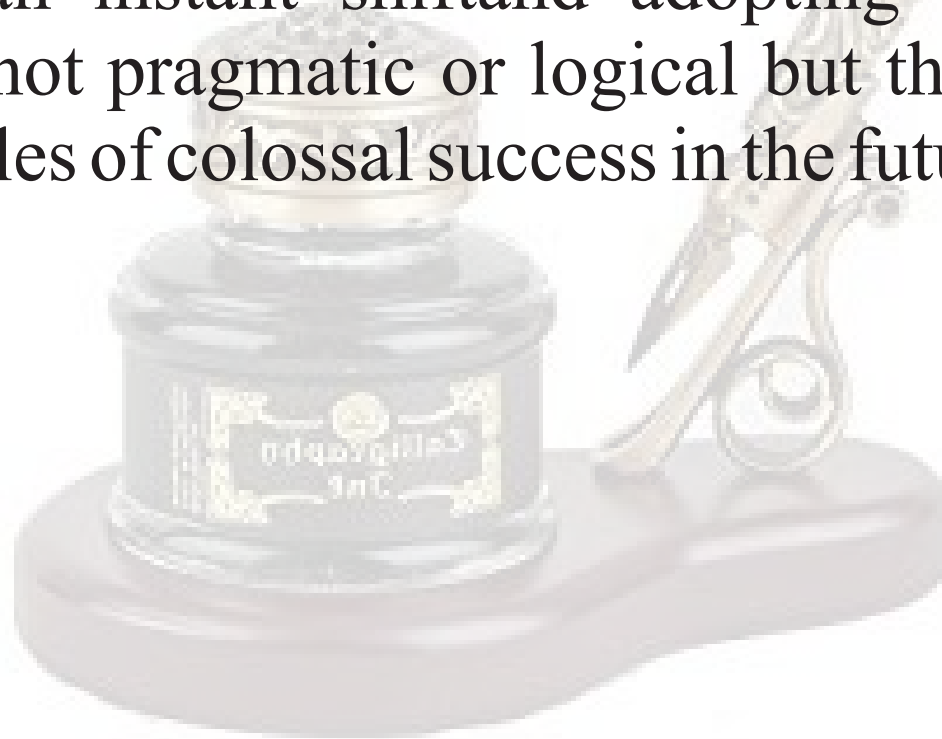
## **Budding Writers at CIS**

online accounts can be blocked but stolen cash cannot be retrieved. Moreover, biometric ID cards are not easy to forge.

Digital currency also affects loan activities. A vegetable vendor cannot access formal channels as his/her proceedings are in cash, which makes it difficult to attain credibility in terms of credit scores and maintain track records but if he/she switches to a digital wallet, it would create a trail of all transactions and provide an insight into his/her business. Thus, it would empower the economy by strengthening its roots. Mobile banking can help people monitor their spending further and result in effective budgeting.

In contrast to its innumerable advantages, cashless transactions also create perils of identity theft, phishing traps, online fraud and malpractices such as hacking. These serve as predators for online users. Moreover, in the current scenario, it is impossible for every citizen to have access to the Internet at all times in a country like India.

Despite that, a cashless economy is definitely an asset for a nation. Creating an instant shift and adopting the cashless economy system is not pragmatic or logical but this initiative is going to create ripples of colossal success in the future.







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**Gauri Agarwal**  
Class X - A

## Significance of Kargil Day

*'Good men must die, but death cannot kill their names.'*

India has been referred to and revered as the 'Golden Bird' since times immemorial. This Golden Bird does not allow any invaders to encroach its nest. The victory of the brave Indian Army in the Kargil War was indeed a spectacular tribute to patriotism. This war resulted in massive destruction of life and property for both countries. Kargil Day owes its significance to paying homage to the undefeated courage of the martyred, yet immortalized heroes of this war.

Back in the late 1990s, India and Pakistan had a mutual agreement to vacate the battle fields in the extremely high altitude regions of Kashmir and Sikkim during severe winter. However, during 1998-1999, Pakistan, forgetting all morals and code of conduct, deceived India. While Indian soldiers vacated the battle fields, the Pakistani army hatched a devious plan to cut connections between Ladakh and Kashmir, and gradually occupy Kashmir and the Siachen Glacier territory. After devising this treacherous plan, they sent men to cross the Line of Control and invade the Indian territory.

Fortunately, during May 1999, some shepherds reported unlikely sightings of military activities in the higher regions. Later, when a patrol unit was sent to investigate, the unit was reported missing after some days. At this point, the Indian Army realised that the Pakistanis had betrayed the treaty and invaded Indian territory.

It was indeed a daunting challenge for the Indian Army. The Pakistanis had all the strategic advantages that one could ask for. They could track Indian movements from a higher altitude while Indians couldn't even obtain an iota of information about their foe's numbers or their weapons. The battle took place near Siachen Glacier, the highest battle field of the world.

Under the guidance of the then Prime Minister, Late Shri Atal





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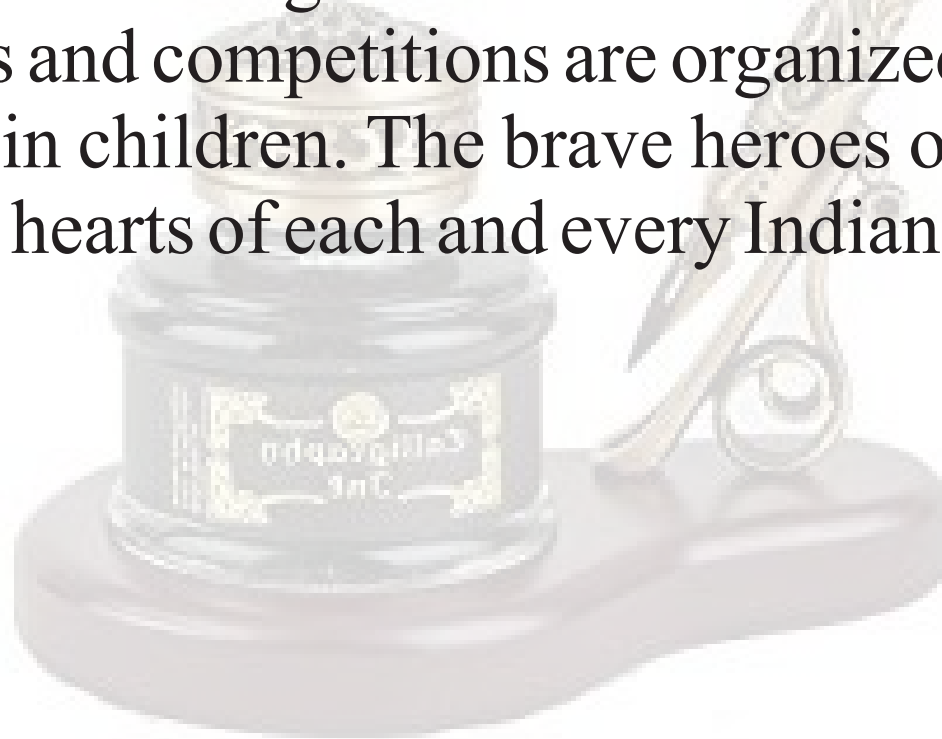
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Bihari Bajpayee, India launched 'Operation Vijay' to shun off the Pakistani invaders. Pakistani's, on the other hand, launched 'Operation Badr'. Paramveer Chakra winner, Subadar Sanjay Kumar has given us insight of the 'Silent Movement', a strategy used by Indian Army during the war. In these silent drills, the soldiers weren't allowed to cry out in pain even after being hit by a bullet.

Under the guidance of Captain Vikram Batra and Major General Ian Cardozo, our soldiers scaled the steep 'Tiger Hill' and defeated the enemy. They unfurled the Indian tricolor at the summit and reclaimed India's territory and with it, our pride.

The then US President, Bill Clinton, convinced the Pakistani Prime Minister, Nawaz Sharif to withdraw his troops. The war lasted for about 60 days and we lost 527 brave patriots. Their unparalleled courage, bravery, and patriotism bore its fruit when we won the war on 26<sup>th</sup> July, 1999. This war eventually inspired many movies like Lakshya, LoC, Kargil etc.

Thus, each year, on 26<sup>th</sup> July, the Prime Minister pays homage to the martyrs of Kargil War. The tricolor is hoisted in various institutions and competitions are organized in schools to inculcate patriotism in children. The brave heroes of the Kargil war will be alive in the hearts of each and every Indian till posterity.





## Budding Writers at CIS



**Mahi Malhotra**  
Class VI - B

# Greed Is The Cause Of All Happiness

Greed is a tool to satisfy self-gratification. It is defined as an excessive desire to possess wealth or goods. A greedy human living never feels content or happy. He always craves for more and is unable to cherish what he possesses. A greedy human being is a liability on Earth.

Loss of self-control is the primary cause of greed. Greedy human beings never enjoy what life thoroughly and are always busy fulfilling and increasing materialistic desires. They never have enough time to spend with their family and friends and cherish life.

I am eleven years old and am greedy for dresses, shoes, accessories etc. Trends change and I acquire more wants. Today, I have a huge collection of dresses and shoes but there is barely enough space in my wardrobe to keep them. They are always spilling out! When I reflect on this, sometimes I wonder: What is the point of them all?

A human is gifted a beautiful life by God but instead of enjoying life and making it blissful, we all complain throughout! In today's society, many people are greedy for their parent's property and they play many tricks for acquiring it. After the property becomes theirs, they send their parents to old age homes without a moment's thought!

I ask again....What is the point of it all?

Greed has also lead to irreversible damage to earth and its resources. We have come to a stage where our greed might literally kill us all! It was so well prophesized –

*Earth has enough to satisfy our needs  
But not to satisfy our greed.*





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## Budding Writers at CIS



**Ashi Bass**  
Class VI - A

# Greed Is The Cause Of All Happiness

What is greed? Greed can be described as an overwhelmingly strong desire, a strong passion or desire for something. I firmly believe that greed is good and is actually the driving force behind all happiness and prosperity.

When we think of the word 'GREED', our mind equates it with money and power. But is that what greed is all about? Why do we have only a negative connotation for this word? I believe that for lasting happiness, we need to be greedy:

For knowledge

For love

For respect

For spirituality

For God

Greed is a human quality which makes us strive for more. It creates new boundaries and new dreams. It can be the driving force for excellence! It can be an incentive and can ensure that we work harder. Greed for knowledge has resulted in great scientific works. Do you think Einstein discovered the theory of relativity under government orders? No, it was his greed for innovation! Greed provided motivation that took man to the moon!

We do not have to be greedy for just our own selves. If you are both positive and greedy, you would aspire that not just you, but everything around you should be happy. As Donald Trump says, 'I am going to be greedy for United States'. Our freedom fighters were greedy for India's independence. NGO's and social workers are greedy for the empowerment of women and poor.

Greed is a must to reach the top. If you come second in a competition, greed for the first rank will motivate you to try harder and succeed.

Those of you who say greed is evil are looking at only one side of the coin. Like all other human values, it is how we nurture greed that makes all the difference.

As Sadguru says:

“A human being should seek nothing less than everything. Greed is the rule. If you become absolutely greedy, then you become spiritual.”





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## Budding Writers at CIS



**Khushi Agarwal**  
Class VII - B

## A Night In The Forest

Dense was the forest,  
Dark was the night,  
Horror was upon us  
Were there wolves outside?

I stared out of the window  
To see if there really was one  
I didn't see anything for a moment  
But then, something left me stunned

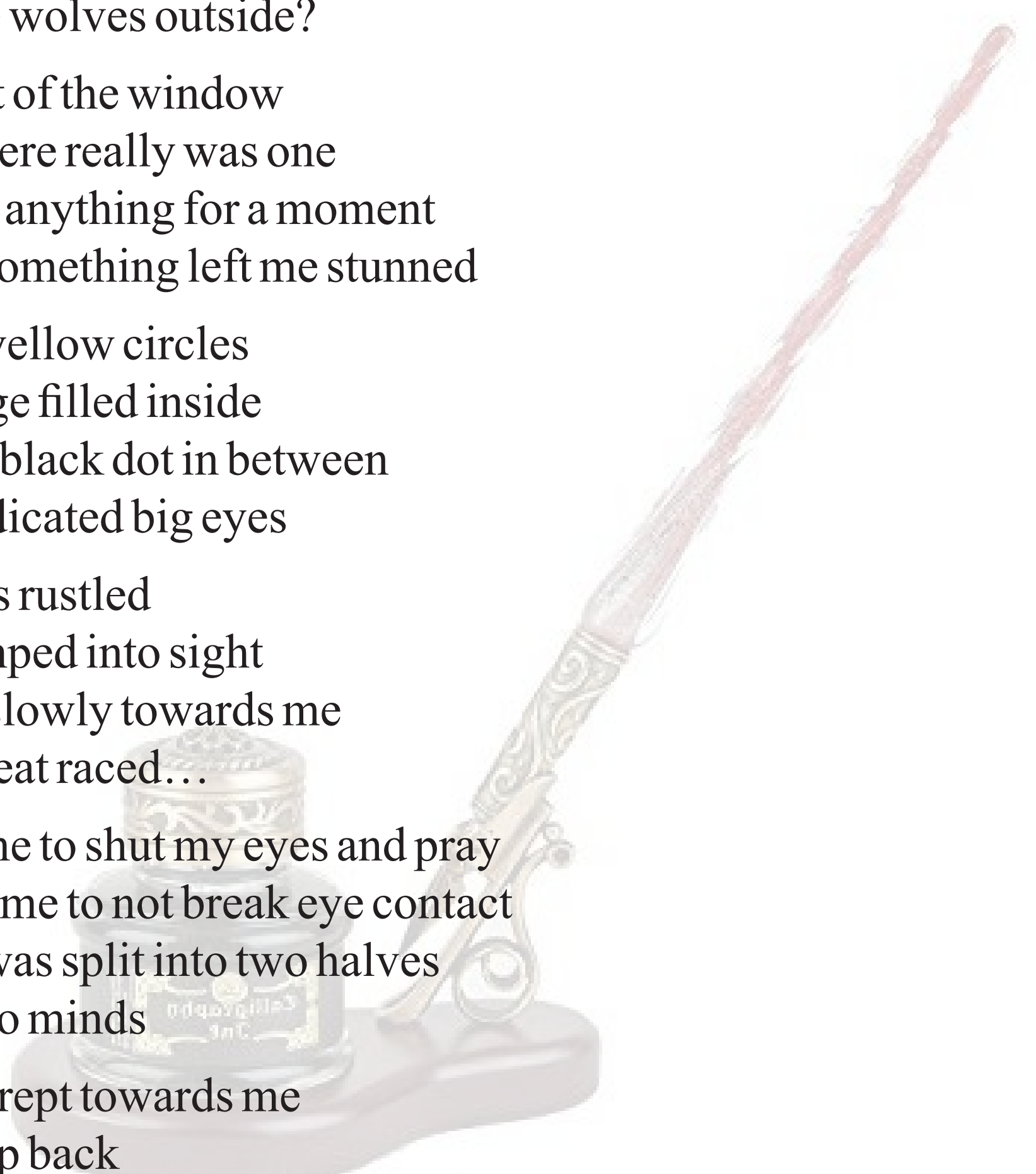
I saw two yellow circles  
With orange filled inside  
And a tiny black dot in between  
This all indicated big eyes

The bushes rustled  
A wolf jumped into sight  
It ambled slowly towards me  
My heartbeat raced...

Fear told me to shut my eyes and pray  
Logic told me to not break eye contact  
My brain was split into two halves  
I was in two minds

The wolf crept towards me  
I took a step back  
My eyelids were half shut  
When the wolf attacked me!

I fell off the bed  
And hit the ground hard!  
It was a nightmare  
Which had taken me afar...







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## Budding Writers at CIS



**Kulzum Fatima**  
Class X - A

## Role of Students in Free India

When a writer conceives a play or a novel, he creates a number of characters who portray a different role. Similarly, each a student in a country has a different role to play. It is said that generally, youngsters are more idealistic than their elders. Therefore, they can breathe fresh air into the systems of our country.

Students are the goldmine of a country and thus, are supposed to provide a positive spark towards the development of their nation. The students in India have been a driving force from the time of Independence. Young and enthusiastic students participated actively in the freedom struggle. Netaji Subhash Chandra Bose was a student when he first protested against the treatment meted out by the British towards the Indians at Presidency College, Calcutta. Another student, Chittaranjan Das mobilized thousands of students during the Satyagraha movement through a rousing slogan “Exams can wait but freedom cannot.”

Nowadays, students are actively participating in political development. They are empowering women and promoting women safety. For instance, students of Shri Ram College protested against assault and molestation. These actions of students are promoting social development in our country. Our country boasts the world’s largest cohort of like-minded young people. The students of our country have the potential to change our world in ways we cannot even imagine.

Today, we live in a world in which students can become entrepreneurs and can create firms for themselves and for the betterment of the country. Ananya Birla started a micro finance company specifically for the women in rural areas at the tender age of 17! Today, because of these loans, many women are financially independent and this is contributing to our country's economic growth.

Each students can help pave the way for development in India by taking small steps. We can ensure that the Indian society does not engage in/encourage child labour by not hiring any child in our homes. We can also spread awareness about other social evils prevailing in society.

Students are the pillars on which a nation is built. We have to step up, unfurl the tricolour, raise it high and build a better nation.





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# हिन्दी साहित्य



प्रियांशी टण्डन  
कक्षा XI-B

## दाग-ए-दामन

कोरे पन्ने पर दाग की तरह  
डरी सहमी यादें बंद किताब की तरह  
उलझे-उलझे से कुछ ख्वाब की तरह  
चंद सवाल हैं मेरे आफ़ताब की तरह  
क्यों थम गई जिंदगी मीनारों की तरह  
क्यों सिमट गई तकदीर कैद परिंदों की तरह  
जब पाक बचपन कुरान की तरह होता है  
नई हसरतों और अरमानों को लपेटे होता है  
क्यों कोई दरिंदा आकर दामन तार-तार कर देता है  
आसमान टूटा और जीनत ज़ार-ज़ार कर देता है  
क्यों ख्वाइशें पिघलकर अशक बन गई  
जिंदा लाश बनी तकदीर क्यों सिहर गई  
क्यों मासूम परिंदों के पंख नीच डाले  
मखमली जजबाते रौंदे और कुचल डाले  
अरे। कोई तो सिसकियों को सुनने वाला हो  
दरकती दरारों में मरहम लगाने वाला हो  
मुँह मोड़ लेते हैं अपने, दामन पर दाग़ आने पर  
बांदिशें, अटकले तमाम लगाते बेजुबान पर  
फरेब है ये दुनिया, शीशे के मकां की तरह  
बेगैरत है इंसा टूटे खण्हर की तरह  
यहाँ कली खिलने से पहले ही बाग उजाड़े जाते हैं  
या बुत बनाकर महल सजाए जाते हैं  
हम कोई खिलौना नहीं, जो दिल बहला लो  
सुकूने इबादत हैं, घर मंदिर-मस्जिद बना लो  
हम भारत की बेटियाँ, भारत का गर्व हैं  
हर नारी का हो सम्मान, हम सभी का फ़र्ज है।





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## हिन्दी साहित्य



याना गंगवार  
कक्षा XI-A

### परिश्रम का महत्व

परिश्रम का मनुष्य के लिए वही महत्व है जो उसके लिए सोने और खाने का है।  
परिश्रम के बिना जीवन व्यर्थ है, इसका कोई विकल्प नहीं होता।

महाकवि तुलसीदास जी ने ठीक ही कहा-“सकल पदार्थ है जग माही कर्महीन नर  
पावत नांही।” अर्थात् इस संसार में सभी पदार्थ मौजूद है जो लोग कर्म नहीं करते इन्हें  
नहीं पा सकता। परिश्रम के सामने तो प्राकृति भी झुक जाती है और दासी की तरह  
काम करने लगती हैं। परिश्रम ही तो ईश्वर की सच्ची उपासना हैं। मानव जीवन का  
सच्चा सौंदर्य ही परिश्रम है। वह व्यक्ति जो परिश्रम से दूर रहता है अर्थात् कर्महीन  
और आलसी होता है वह सदा दुखी और दुसरोँ पर निर्भर रहता है। मेहनत एक ऐसी  
सुनहरी कुंजी है जो किस्मत के बंद दरवाजे भी खोल देता है। एक किसान जो  
दिन-रात मेहनत करता है, बीज बोता है, सिंचाई करता है, गर्मी-सर्दी की परवाह  
किए बिना कर्म करता है, फिर कहीं जाकर उसे फसल की प्राप्ति होती है। इसी प्रकार  
किसी भी क्षेत्र में सफलता पाने के लिए मनुष्य को निरंतर परिश्रम से गुजरना पड़ता  
है। सफलता पाने का कोई आसान मार्ग नहीं होता।

अमेरिका, चीन, जापान आदि विकसित देश यदि उन्नत देश में है तो इसलिए कि  
वहाँ के नागरिकों ने अथक परिश्रम किया है। द्वितीय विश्वयुद्ध में भारी नुकसान के  
बाद भी आज यदि जापान ने विश्व जगत में अपना विशिष्ट स्थान बनाया है तो प्रमुख  
कारण यही है कि वहाँ के लोगों में दृढ़ इच्छाशक्ति व अथक परिश्रम की भावना  
कूट-कूटकर भरी हुई है। अपने परिश्रम के माध्यम से ही कोई व्यक्ति भीड़ से उठकर  
एक महान कलाकार, इंजीनियर, डॉक्टर अथवा एक महान वैज्ञानिक बनता है।  
किस्मत पर निर्भर वहीं लोग रहते हैं जो कर्महीन होते हैं। अतः हम सभी को परिश्रम  
के महत्व को समझना चाहिए, इसे स्वीकारना चाहिए और इसके मार्ग पर चलकर  
अपने समाज और देश को नई ऊँचाई पर ले जाना चाहिए।

‘परिश्रम ही सफलता का मूलमंत्र है।’





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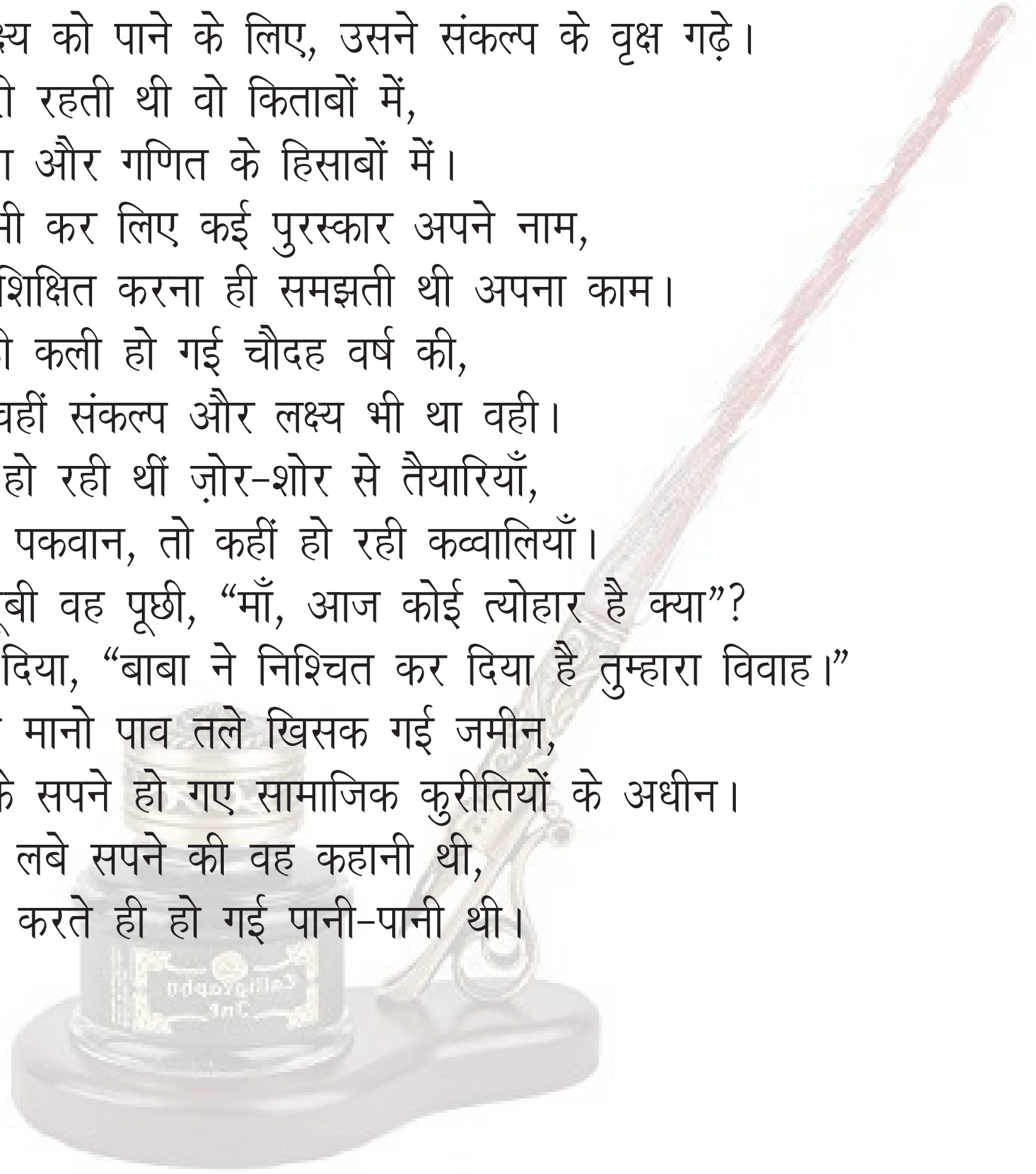
# हिन्दी साहित्य



देवांशी रस्तोगी  
कक्षा X-A

## बाल विवाह

उन छोटी-सी कलाइयों ने बुन लिए सपने बड़े,  
शिद्दत से किए उसने लक्ष्य के स्तंभ खड़े।  
सात वर्ष की कविता को बनना था एक शिक्षिका,  
और इसी लक्ष्य को पाने के लिए, उसने संकल्प के वृक्ष गढ़े।  
हर वक्त घिरी रहती थी वो किताबों में,  
हिंदी की मात्रा और गणित के हिसाबों में।  
विद्यालय में भी कर लिए कई पुरस्कार अपने नाम,  
हर एक को शिक्षित करना ही समझती थी अपना काम।  
अ बवह नन्ही कली हो गई चौदह वर्ष की,  
वही सपना, वहीं संकल्प और लक्ष्य भी था वही।  
आज घर में हो रही थीं ज़ोर-शोर से तैयारियाँ,  
कहीं बन रहे पकवान, तो कहीं हो रही कव्वालियाँ।  
जिज्ञासा में डूबी वह पूछी, “माँ, आज कोई त्योहार है क्या?”  
माँ ने उत्तर दिया, “बाबा ने निश्चित कर दिया है तुम्हारा विवाह।”  
राह सुनते ही मानो पाव तले खिसक गई जमीन,  
उस बेचारी के सपने हो गए सामाजिक कुरीतियों के अधीन।  
यह सात वर्ष लबे सपने की वह कहानी थी,  
जो हाथ पीले करते ही हो गई पानी-पानी थी।







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## हिन्दी साहित्य



संस्कृति चौधरी  
कक्षा X-A

### “जैसी संगति, वैसी गति”

संगति का अर्थ होता है साहचर्य या साथ। मनुष्य अपने दैनिक जीवन में जिसके साथ अधिक से अधिक समय व्यतीत करता है, वही उसकी संगति कहलाती है। मनुष्य एक सामाजिक प्राणी है, वह बिना संगति के जी नहीं सकता। अब यह एक विचारणीय प्रश्न है कि मानव, किसके साथ संगति करे और किसके साथ न करे। क्योंकि संगति से ही दोष और गुण उत्पन्न होते हैं।

‘संसर्ग जः दोषगुणाः भवन्ति।’

किसी अंग्रेज चिन्तक का विचार है - व्यक्ति की पहचान उसकी संगति से होती है। संगति दो प्रकार की होती है-सुसंगति और कुसंगति। सज्जनों की संगति सुसंगति कहलाती है जो हमें सन्मार्ग की ओर प्रेरित करती है और दुर्जनों की संगति कुसंगति कहलाती है जो हमें कुमार्ग की ओर प्रेरित करती है। सुसंगति के प्रभाव से संबंधित कई उदाहरण हमारे इतिहास के पन्नों पर स्वर्ण अक्षरों में अंकित हैं। कृष्ण की संगति पाकर अर्जुन महाभारत-विजेता बना। हनुमान, बिभीषण, सुग्रीव आदि मर्यादा पुरुषोत्तम श्रीराम की सुसंगति पाकर पूज्य बन गए। ठीक इसके विपरीत कुसंगति से जीवन में हानि ही हानि है। मामा शकुनि के संसर्ग में रहकर दुर्योधन अपने ही कुल का नाश कर बैठा। समुद्र लंका से जुड़ा था। अतः रावण के साथ-साथ समुद्र को भी श्री राम का कोपभाजन बनना पड़ा।

एक अच्छी और सभ्य संगति ही हमें सही मुकाम तक ले जा सकती है और यदि यही संगति खराब हो तो हमें पथभ्रष्ट होते देर नहीं लगेगी। इसलिए हमें अपने जीवन के क्षण-क्षण को सुसंगति में बिताना चाहिए।